



# *The Joy of the Lord is My Strength*

*A Day Retreat for Catholic Moms of young children*

**Saturday, January 27th:**  
**9am—3pm**

**Location:** Notre Dame Spirituality Center  
30 Jeffrey's Neck Rd, Ipswich

**To Include:** Adoration, Mass, Praise & Worship, Inspirational Talks, Opportunity for Confessions, Fellowship and Lunch



Mass celebrated by Fr. Daniel Hennessey, Pastor of St Agnes and St Rose of Lima



Presenter: Kathy Reda: an ER nurse for 28 years and a Consecrated Virgin in the Archdiocese of Boston



Presenter: Bridie Vail, an ABW Strategist at The Woman's School, whose mission honors the God given desires of a woman's heart



Music led by Megan Rios, mom and tutor at Regina Caeli Academy who lives in Norwood, MA

Please note: non-mobile nursing infants are welcome, if needed, otherwise this is an event specifically for moms.

Deadline to signup: January 4th, Cost:\$50

Contact Anne Grant at

catholicmomretreat@gmail.com

or go to <https://forms.gle/kvV9UBY3Km8LnFvQ6> to register

