

SECRETARIAT FOR EVANGELIZATION AND DISCIPLESHIP

CONFIRMATION CURRICULUM SUMMARIES

Name of Curriculum	Publisher	Author	Age and Grade	Available Languages	Nihil Obstat & Imprimatur	USCCB Conformity List?	Online Version?
ADAPTIVE CONFIRMATION KIT	Loyola Press		Ages 7+ Grade N/A	English Spanish	Has permission to publish	N/A	No
ANOINTED IN THE SPIRIT	St. Mary's Press	Rita Burns Senseman	Ages 12-14 Grades 6-9	English	Yes	Yes	No
BELIEVE, CELEBRATE, LIVE	Sadler		Ages 12-15 Grades 6-9	English Spanish	Pending ccclesial approval	Yes	Yes

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CALL TO CELEBRATE CONFIRMATION	Our Sunday Visitor	Maureen A. Kelly, M.A.	Ages 12-14 Grades 6-8	English Spanish	Yes, but no date given	Yes	No
CALLED TO MERCY	St. Mary's Press		Ages 13-16 Grades 7-10	English	No	Yes	Yes
CHOSEN	Ascension Press	Chris Stefanik	Ages 12-18 Grades 7-12	Spanish English	Yes	Yes	Yes

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CONFIRMED IN THE SPIRIT	Loyola Press	Sisters of Notre Dame	Ages 12-18 Grades 7-12	English Spanish	Yes	Yes	Yes
IMAGE OF GOD: SPREADING AND DEFENDING THE FAITH	Ignatius Press	Sondag & Smith	Ages 13-14 Grade 8	English	Yes	Yes	
PURPOSE	Life Teen		Ages 13-18 Grade 8	English Spanish	N/A	N/A	N/A

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SEALED IN FIRE	Sophia Institute		Ages 11-14 Grades 5-8	English			
THE SACRAMENT OF CONFIRMATION	Midwest Theological Forum	Rev. James Socias	Ages 12-15 Grades 7-9	English Spanish	Permission to publish, has N.O.		
YOUCAT CONFIRMATION BOOK	Ignatius Press	Bernhard Meuser and Mils Baer	Ages 12-18 Grades 7-12	English Spanish	Pending		

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ZEAL FOR CHILDREN	Faith and Family Life Catholic Ministries		Ages 8-13 Elementary-Jr. High	English	Yes	Yes	Yes

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Name of Curriculum	Structure	Materials	Overview	Might be good for those who:	Might not work for those who:
ADAPTIVE CONFIRMATION KIT		A kit with various learning tools: books, a puzzle, songs, and a ball	The kit provides tools and resources for individuals with autism and other special needs, along with their families and parishes, to prepare to receive the Sacrament of Confirmation.	have children with autism or other special needs.	do not have children or teens with special needs.
ANOINTED IN THE SPIRIT	Classroom Model <ul style="list-style-type: none"> • 8 chapters on Confirmation • 2 chapters post-Confirmation • 60-90 min. sessions 	<ul style="list-style-type: none"> • Candidate book • Catechist book • Sponsor booklet • Director manual 	Explains the Confirmation rite and the sacrament. Includes sections to learn about Jesus, Confirmation, Church teaching, prayer and a section with ways to live out the faith. Topics include being a candidate, Baptism, renewing baptismal promises, the laying on of hands, the gifts of the Holy Spirit, the Eucharist, and celebrating the Sacrament of Confirmation.	want a focused catechesis with information on the confirmation liturgy, the connection to Church teachings, or the importance of lived discipleship.	want an online program or one geared toward small groups.
BELIEVE, CELEBRATE, LIVE	Classroom Model <ul style="list-style-type: none"> • 45-65 min. sessions • 6 lessons 	<ul style="list-style-type: none"> • Candidate book • Catechist book • App for Catechists, Sponsors, and Parents • DVDs and CDs • Director's ebook 	Each chapter takes a holistic approach to faith formation, includes Lectio and Visio Divina, video and song, and activity to retain the lesson. Topics include new life in Christ through Baptism after original sin, the sacraments, confirmation catechesis, and lived discipleship.	want a multimedia approach (artwork, illustrations, docudrama videos, and liturgical music).	have more limited financial resources or want a program more geared toward small groups.

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CALL TO CELEBRATE CONFIRMATION	Classroom Model <ul style="list-style-type: none"> • 60 minutes sessions • 8 lessons 	<ul style="list-style-type: none"> • Candidate book • Catechist book • Sponsor and Mentor handbook • Confirmation Source Book 	Follows a liturgical-catechetical model. Each session includes a section on the rite, scripture, Catechism reference, a sign of the faith, a symbols of the Holy Spirit, witnessing to the faith, and Catholic Social Teaching. Topics include being made in God's image, original sin, covenant, faith, Revelation, the Trinity, Holy Spirit, Confirmation, the call to holiness, ongoing conversion, the Church, the Eucharist.	appreciate a liturgical-catechetical model or the focus on the <i>kerygma</i> , catechesis on Confirmation and missionary discipleship.	want an online program or one geared toward small groups.
CALLED TO MERCY	<ul style="list-style-type: none"> • Gathered Sessions (60-90 min) • Online lessons (20-30 min) • 10 sessions 	<ul style="list-style-type: none"> • Online course • Leader book • Sponsor Experience • Video and music playlists • Director manual 	Online Module with a Gathered Session. Topics include the Holy Spirit, the communion of saints, reconciliation, human dignity, the Ten Commandments, sacraments, Confirmation, serving the community.	appreciate the hybrid model or focus on Jesus' call to mercy.	want a program geared toward small groups or resources in other languages.
CHOSEN	Large or Small group model <ul style="list-style-type: none"> • 60, 90, or 120 minute sessions • 24 lessons 	<ul style="list-style-type: none"> • Candidate book • Leader book • Parent book • Sponsor book • Director manual 	The program features videos with national speakers along with an integrated workbook. The topics include the pursuit of happiness, the Gospel message, Divine Revelation, sacraments, the Holy Spirit, Confirmation, vocational discernment, and missionary discipleship.	appreciate videos featuring a variety of national speakers or an online option.	need a lower cost option.

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CONFIRMED IN THE SPIRIT	Classroom or large/small group models • 8 chapters	<ul style="list-style-type: none"> • Candidate book & journal • Catechist book • Sponsor/Parent magazine • DVD • Director manual 	Each chapter incorporates a 4 step plan where a thought-provoking question is presented followed by scripture. Students learn about the witness of a saint in each lesson and conclude with a prayer. Topics include the Holy Spirit, discipleship, faith, love, holiness, the Church, witness, and grace.	want a classroom model with the e-learning/at home flexibility or sessions that incorporate opportunities to reflect/journal and act each lesson.	want a program geared toward small groups.
IMAGE OF GOD: SPREADING AND DEFENDING THE FAITH	Classroom model • 8 chapters	<ul style="list-style-type: none"> • Candidate book • Catechist book 	The textbook takes an interdisciplinary approach and challenges the student to ask the key questions of a journalist to learn more about their faith. Topics include the early Church, sacraments, the Mystical Body of Christ, the Holy Spirit, truth, and defending the faith.	like a journalistic approach to learning, a focus on our response to the Holy Spirit, the Church, and a focus on the defense of the faith.	want a student book with activities or want a program more geared toward online and/or small groups.
PURPOSE	Large or Small group <ul style="list-style-type: none"> • 24 sessions • 4 versions, adapted for specific groups 	<ul style="list-style-type: none"> • App platform • Curriculum • Supplemental resources 	The curriculum addresses three big questions: "Why believe in God?," "Why trust Jesus?," and "Why be a part of the Church?" These questions are supplemented with the Foundations book series, which allow teens to dive more deeply into each question.	like the ready-to-use, teen-focused materials geared towards small groups and <i>Lectio Divina</i> .	want a classroom model or does not have a well-catechized team of adult volunteers.

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SEALED IN FIRE	Classroom model • 7 lessons	<ul style="list-style-type: none"> • Candidate activity pages • Catechist book • Online videos • Sacred Art 	<p>Focused catechisis on Confirmation through videos, art, prayer and reflection.</p> <p>Topics look at the Sacrament of Confirmation in sacred art and salvation history, the effects of Confirmation, and living out Confirmation in our lives.</p>	appreciate the deep dive Confirmation catechisis and incorporation of videos and sacred art.	want a broader scope of catechesis, an online option, or resources in other languages.
THE SACRAMENT OF CONFIRMATION	Classroom Model • 12 Chapters	<ul style="list-style-type: none"> • Candidate book • Catechist book 	<p>The textbook seeks to guide the confirmandee through prayer, discernment, and a deeper conversion of the faith. Each chapter includes ways to help foster meaningful discussion with the confirmand's parents and sponsor.</p> <p>Topics include salvation history, the sacraments, the gifts and fruits of the Holy Spirit, and the Christian life of holiness, witness, and serving others.</p>	desire a comprehensive review of the basic tenets of the faith or fostering dialogue between child and the parents and the sponsor.	want an online resource or a program geared toward small groups.
YOUCAT CONFIRMATION BOOK	Classroom or small group model • 12 lessons	<ul style="list-style-type: none"> • Candidate book • Catechist book 	<p>The session runs like a Bible session, except that you work with relevant questions from the YOUCAT.</p> <p>Topics include the Gospel message, the sacraments, and confirmation catechesis.</p>	want a catechism-question approach, small group discussions, and the simplicity of resources.	want an online resource.

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<p>ZEAL FOR CHILDREN</p>	<ul style="list-style-type: none"> • 7 family session (20-40 min) • 1 sponsor session • 2 at-parish meetings • 1 retreat 	<ul style="list-style-type: none"> • Physical box (1/family) • Online component • Extra supplies for candidate • Parish support materials • Catechist guide coming 	<p>Led by parents at home and seeks to help children will grow in relationship with the Holy Spirit and a life of discipleship, through a variety of hands-on activities and meaningful conversations. The at-home sessions are structured as family meetings that include activities and prayer.</p>	<p>like an at-home curriculum, appreciate the concise content focused on the Holy Spirit.</p>	<p>want a curriculum for a classroom model or need resources in other languages.</p>